

Mental spiral structure?



Triskele / triskelion – Triad Celtic Symbol



The Leelah Play Paradigm

Neolithic times or around 3200 BC

Jung, C. G. (2017). *Mandala Symbolism: (From Vol. 9i Collected Works)*. Princeton University Press.

Rubin, S. S. (1997). Self and object in the postmodern world. *Psychotherapy: Theory, Research, Practice, Training*, 34(1), 1.

The spiral metaphor

First aspect

ongoing, narrative, memory



creation, primeval, hyllic



The spiral metaphor

Second aspect





The Leelah Play Paradigm

Circular Poles



Never-ending spiral



The Leelah Play Paradigm

DEVELOPMENTAL SEQUENCES

Motion types



4. Harmonious

1. Blocked: 

2. Sudden: 

3. Hesitant: 

Tracking page: 1) Developmental Sequences

Date: ____, Player character name: ____, **Mythology name:** Glowing Cloud, Player-Therapist character name: ____

clinical

GOALS

Axline was influenced by the person centered approach of Carl Rogers.
She is recognized as the originator of non-directive Play Therapy.

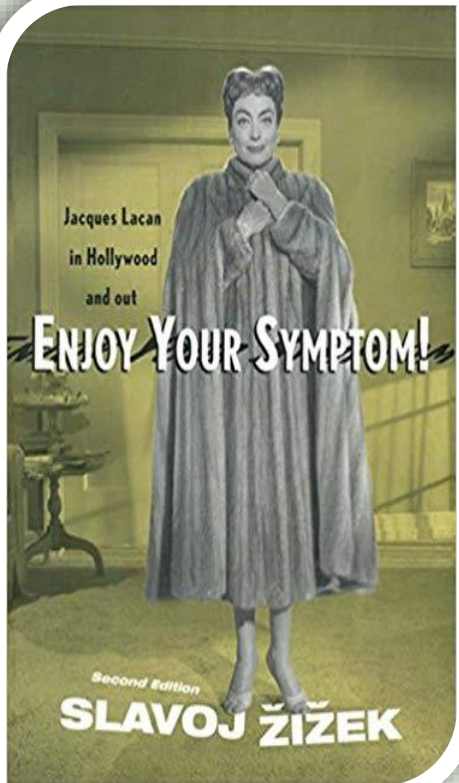
Person-Centered Play Therapy

Tracking page: 2) Symptoms & signs

2) Symptoms & signs


Note

REFERRAL



Erickson:
SELF
THERAPY

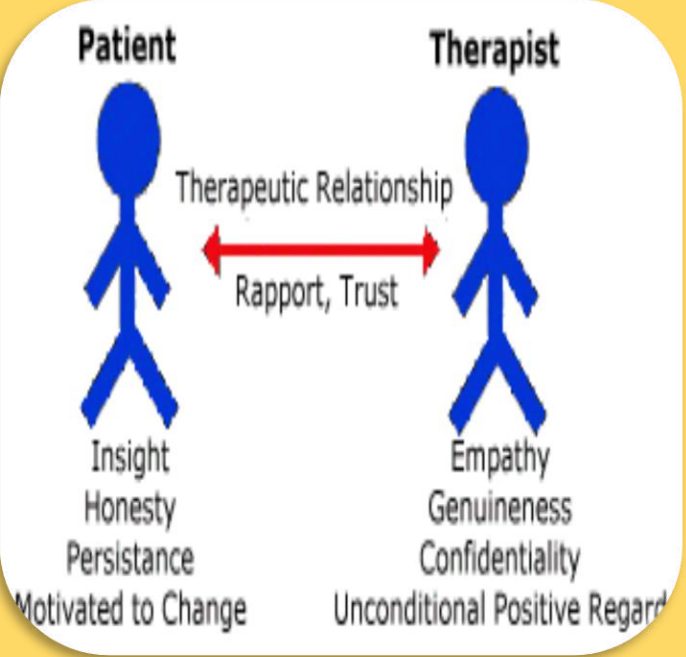

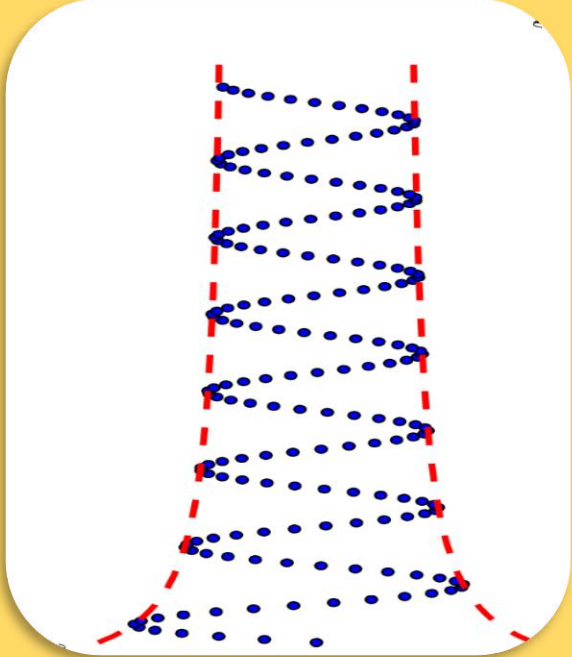
Tracking page: 3) Mood and affect

3) Mood and affect	Type & level of Player mood	Type & level of Player affect	Correlation: mood & affect
<p>Note</p>	<div data-bbox="588 525 1829 1302"> <ul style="list-style-type: none"> • Mood <ul style="list-style-type: none"> – Subjective – Elicited from the patient themselves – Depressed, sad, dysphoric, euphoric, anxious, angry, irritable, happy, hostile... • Affect <ul style="list-style-type: none"> – Objective – patient's expression of mood – Flat/Blunted – Constricted/Restricted – Full – Expansive/Broad – Congruent/incongruent with mood – Appropriate/Inappropriate – Labile/Stable </div>		<div data-bbox="1854 515 2458 1296"> <p>CORRELATED</p>  </div>

Tracking page: 4) Social system

4) Social system	Player social status	Player friends & opponents	Connections quality
Note	Leader / rejected / accepted / trailing		
Illustrate	 A black and white cartoon illustration. On the left, a man with a large nose and a striped shirt holds a sign that reads "PLEASE HELP I'M A STATUS". On the right, another man with a large nose and a hat looks at him with a surprised expression.	 Two brown folders standing side-by-side. The left folder is labeled "FRIENDS LIST" and the right folder is labeled "ENEMIES LIST".	 A network diagram showing several stylized human figures connected by lines. The figures are arranged in a roughly circular pattern, with lines connecting them to form a network. The background is white with a faint grid pattern.

Tracking page: 5) Relationship: Player-Therapist & Player

5) Relationship Note	Player-Therapist & Player	Support type required	D.S. for Player-Therapist
Illustrate	 <p>The diagram shows two blue stick figures representing a Patient and a Therapist. A red double-headed arrow between them is labeled "Therapeutic Relationship" and "Rapport, Trust".</p> <p>Patient</p> <ul style="list-style-type: none"> Insight Honesty Persistence Motivated to Change <p>Therapist</p> <ul style="list-style-type: none"> Empathy Genuineness Confidentiality Unconditional Positive Regard 	 <p>A 3D illustration showing an orange figure (therapist) kneeling and holding the hand of a white figure (player) who is lying on their back on the floor.</p>	 <p>A diagram showing a spiral path of blue dots moving upwards between two vertical red dashed lines, representing a progression or tracking path.</p>