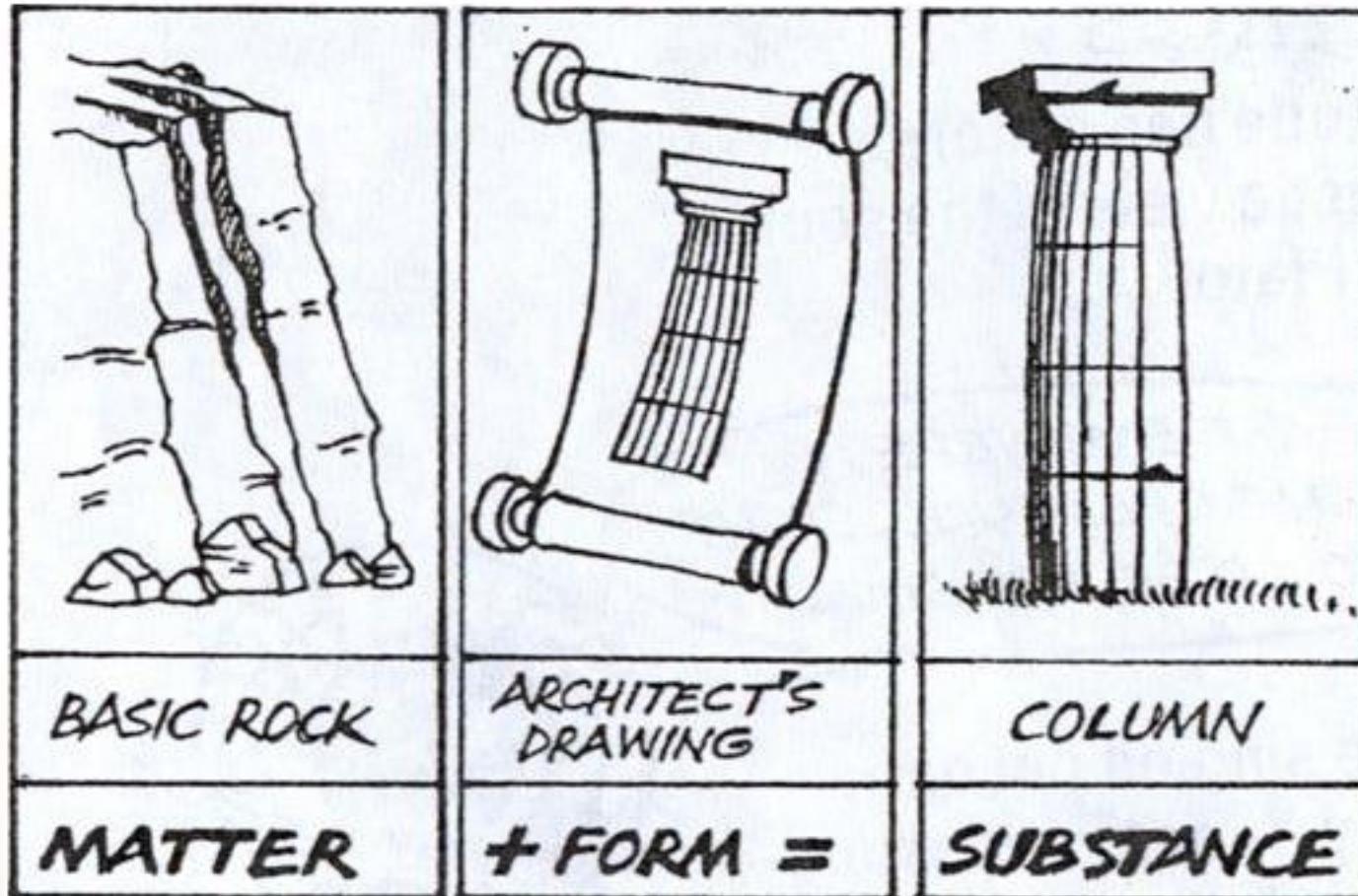




- Matter: Potentiality
- Form: Actuality

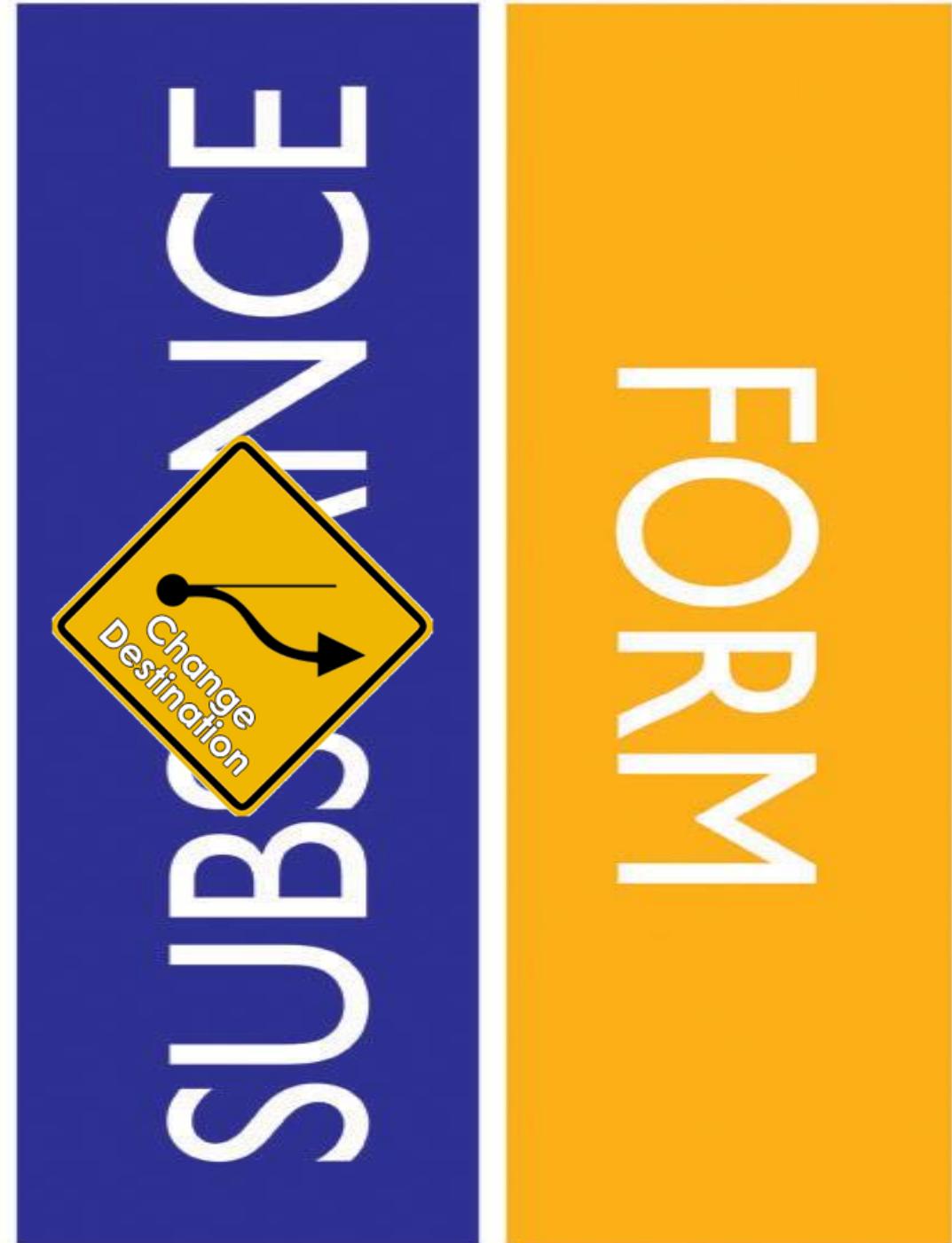
ARISTOTLE



Matter + Form = Substance



SUBSTANCE FORM





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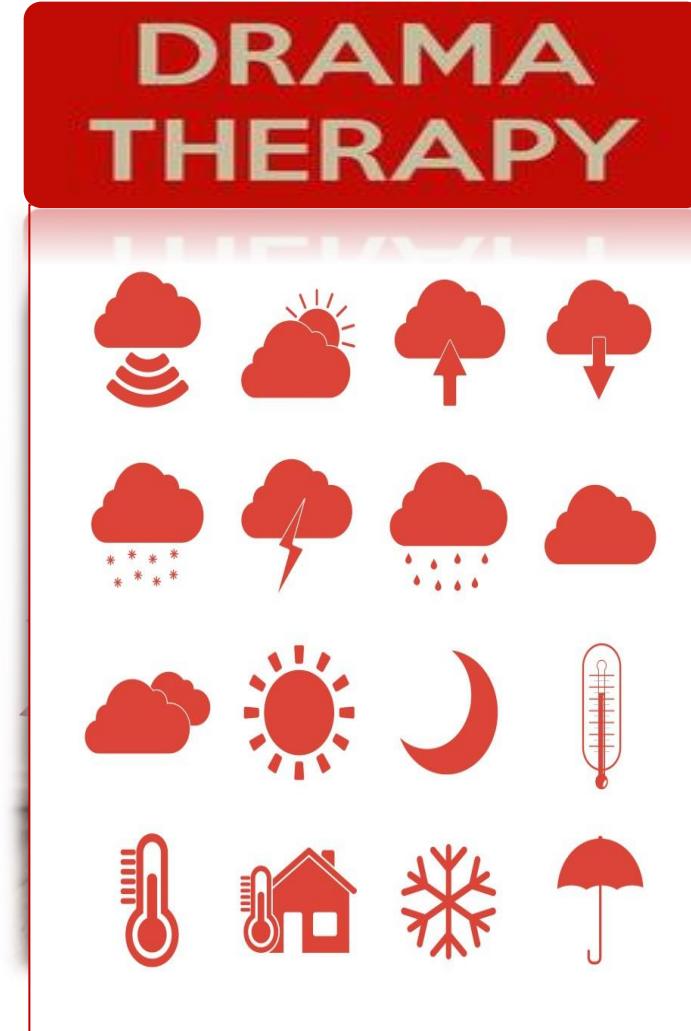
HAKOMI INSTITUTE OF EDMONTON
Mindful Somatic Psychotherapy

In order to understand the idea of the play, it is worthwhile to consider the concentration that characterizes the child's play. **The content doesn't matter.**
(Winnicott, 1971, p.77)



Terms &
Conditions

- The therapist-player provides the conditions under which therapy can occur
- Open Studio for drama



The leelah Play Paradigm





Leelah - Play for Itself