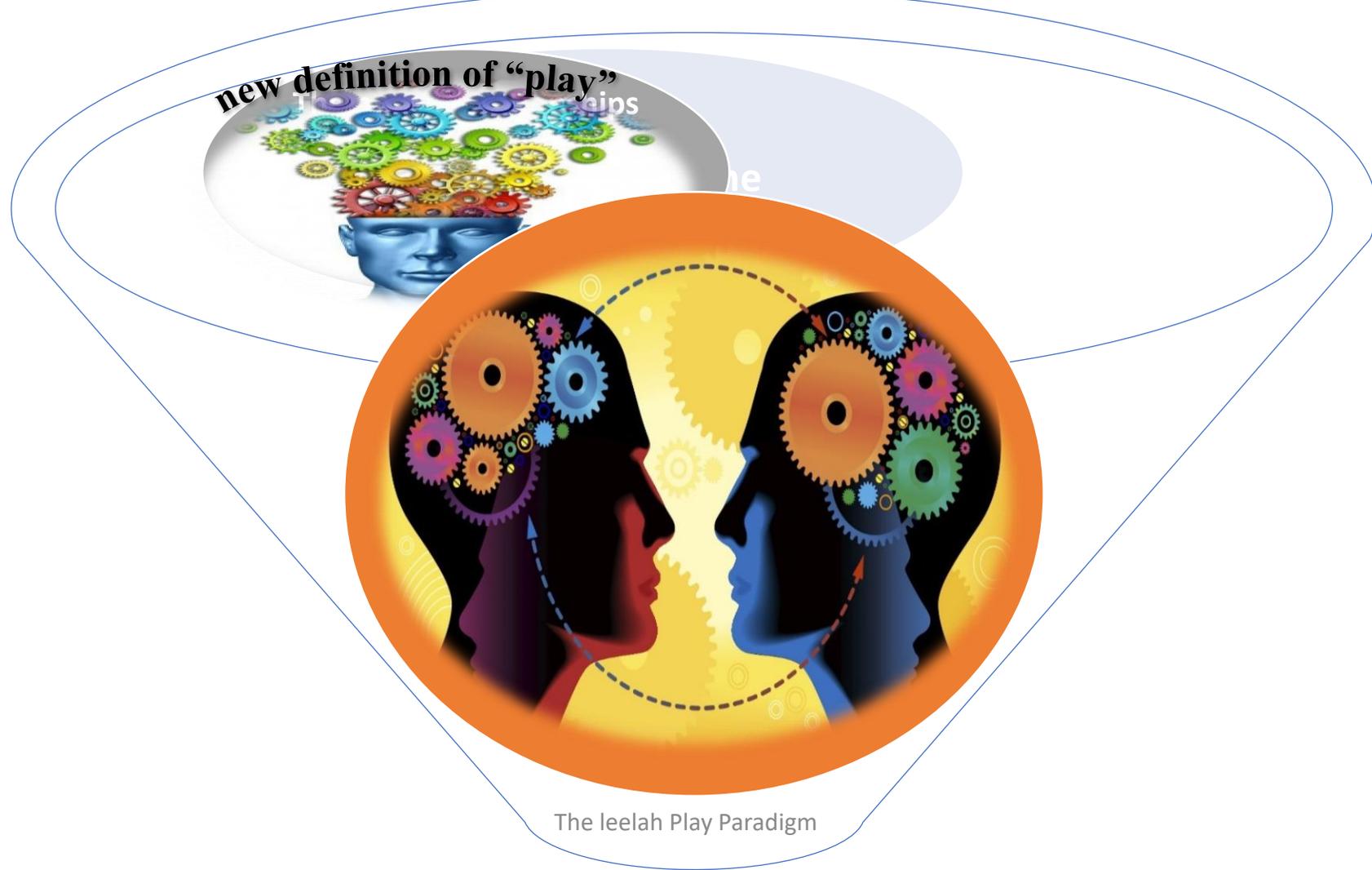




Leelah
definition for
DRAMA
THERAPY

The leelah Play Paradigm

second pillar



- Winnicott, D. W. (1971). *Playing and reality*. Psychology Press.
- Gadamer, H. G., (2004). *EPZ truth and method*. Bloomsbury Publishing USA.

What is drama therapy?

PLAY-
FIELD

SELF-
HEALING

**DRAMA THERAPY IS THE ART OF
CREATING A PLAY-FIELD WHERE SELF-
HEALING CAN OCCUR.**

**Drama
Therapy**

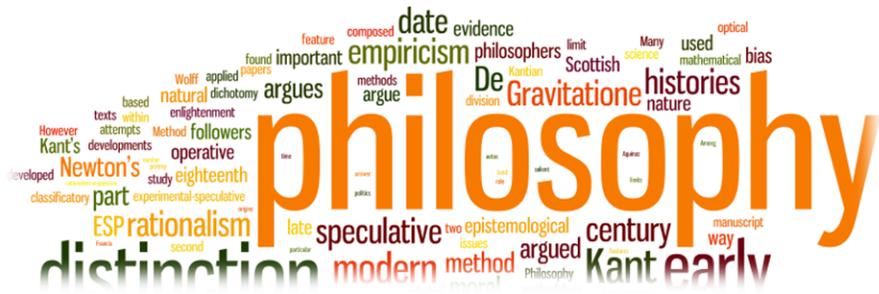


A definition of play



Drama therapycommunity applies techniques from theatre to the process of psychotherapeutic healing. It emerged as a field in the late 1970's from hospital and programs where it was first used with clients to produce plays and later was integrated with improvisation and process drama methods.





THE ONTOLOGY OF PLAY

by EUGEN FINK

IN AN AGE characterized by the noise of the machine, the role of play in the structure of human life becomes more and more apparent. Not only the expert analysts of civilization, educators and specialists in anthropology as well are agreed on this point. Modern man himself has become aware of the importance of play. Contemporary literature and the passionate interest in games and sports are evidence enough. For modern man play is a vital impulse with its own value and sphere of activity, participated in for its own sake. It is a kind of reward for the unpleasantness that goes with material progress in modern technocracy. It is also seen as a means of rejuvenating one's inner vitality, a return to the morning freshness of life at its origin, to the source of one's creative powers. In human history there have certainly been times a good deal more gay, more relaxed, more

given to play than our own; when there was more play, when men had more leisure and were more familiar with the Muses. However, no other age has had so many possibilities and occasions for play. Never has there been such a systematic exploitation of life on a grand scale. Playfields and stadiums are in the original plans of cities. Games in vogue in different countries are brought to international competitions. Playing materials are mass-produced. But it is still in question whether our age has reached a deep understanding of the nature of play. Can we evaluate the many meanings of the term or thoroughly penetrate the aspect of being in the phenomenon-play? Do we know what constitutes play and specifies it from the philosophic point of view?

We want to consider that strange and very particular mode of being that characterizes the play of man, to con-



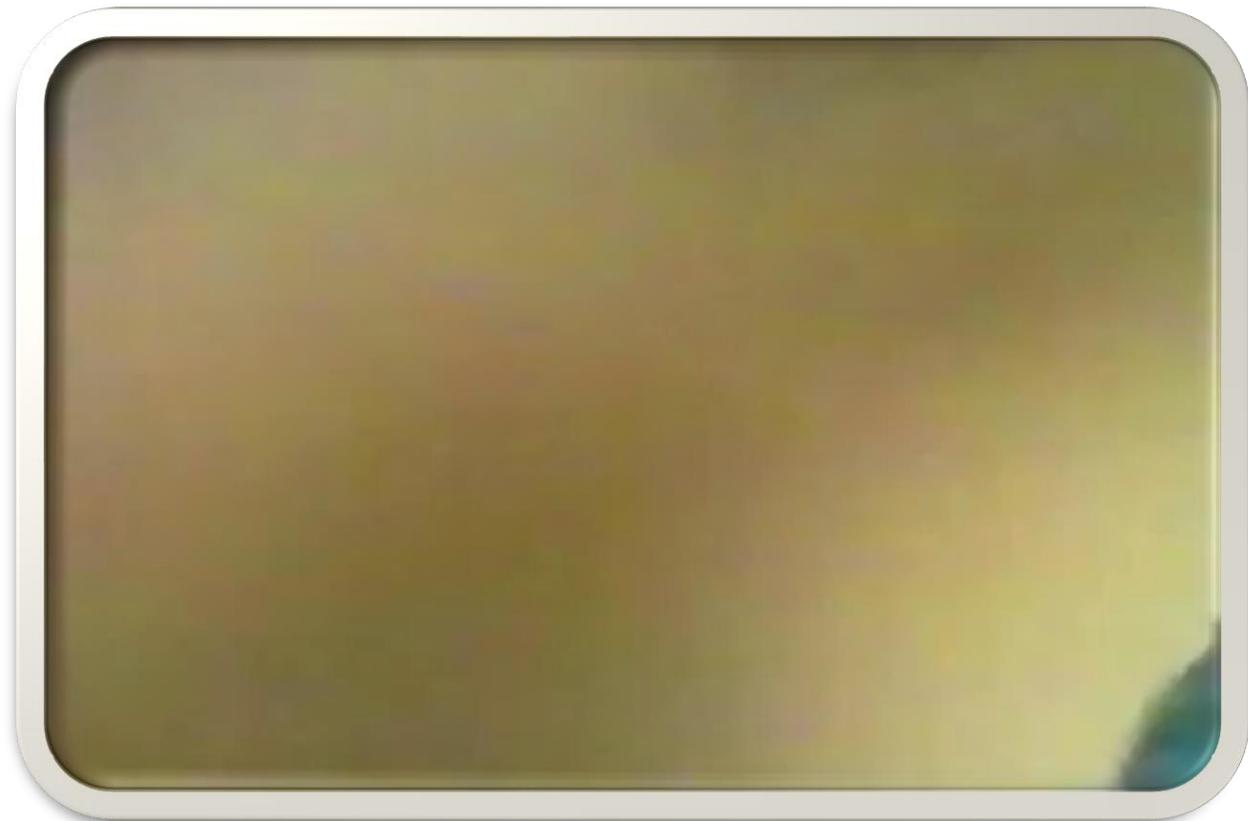
The leelah Play Paradigm

What is

The Drama**Therapy** *Space* ?



HOW CAN WE CREATE A PLAY SPACE FOR SELF-HEALING?



Moreno - *surplus reality*

Winnicott - Transitional space

liminal field

Stanislavski - *as if*

Lahad - fantastic reality

playspace

fictional present

Pendzik - Dramatic reality



WILD TALES

JEDER DREHT MAL DURCH!

STOP
PRIVATIZATION



Aletheaic Space

Transitional Space

Holds by player-therapist
Meant for him alone

Organic Play-Field

Meant for the player

ALETHEIA

- Definition: Un-concealing
 - When Heidegger speaks of "*truth*" this is what he is talking about; the un-concealing of the essence
- We do not have full control over *aletheia*; we simply respond to it.

1. THE MOMENT OF DISCOVERING THE TRUTH IS THE MOMENT OF ITS CREATION.
2. TRUTH IS NOT SOMETHING ACCOMPLISHED THAT AWAITS FOR BE DISCOVERED.
3. TRUTH IS ALWAYS IN THE PROCESS OF FORMATION.

THE THIRD – Ogden ¹

It can be understood as the space between the parties or the field which exists whenever the parties and therapist are present together.

The third or the field is jointly created in the conscious and unconscious relationship between the people.

It mostly dissipates when they cease being together in that setting. It fully exists in the shared moment.

Aletheaic Space

Transitional Space

Holds by player-therapist
Meant for him alone

Organic Play-Field

Meant for the player

1. Ogden, T. H. (2018). The analytic third: Working with intersubjective clinical facts. In *The Analytic Field* (pp. 169-198). Routledge.

Erikson, E. H. (1994). *Identity and the life cycle*.
WW Norton & Company (p. 90).

**the playing adult
steps sideward
into another
reality;**

**the playing
child advances
forward to new
stages of mastery**

Erik H. Erikson

OWN FRIENDS

Aletheaic Space

Transitional Space

Holds by player-therapist

Meant for him alone

Organic Play-Field

Meant for the player

The leelah Play Paradigm



**WHAT IS
THE MEANING
OF THE TERM
cure ?!**

Investigate the developmental sequences movements:



Mental

Objectification

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