

# The Leelah Play

## 1. A dramaturgical dramatherapy paradigm

Theoretical Concepts of Power, Identity and  
Liberty in the Therapeutic Playing Field



## 2. leelah - play for itself A non-directive model

# Theory

A set of principles and basic assumptions on which the practice of an activity is based



- What is the difference between theory and model?

# WHAT IS A DRAMATURG?

— Redefinition of:

- Dramatic Reality

- Non intervention

- Aesthetic Distance

- Metaphoric work

# The pillars of The Play Paradigm

**The power relationships  
therapist - client in play.**

Huizinga vs. Klein

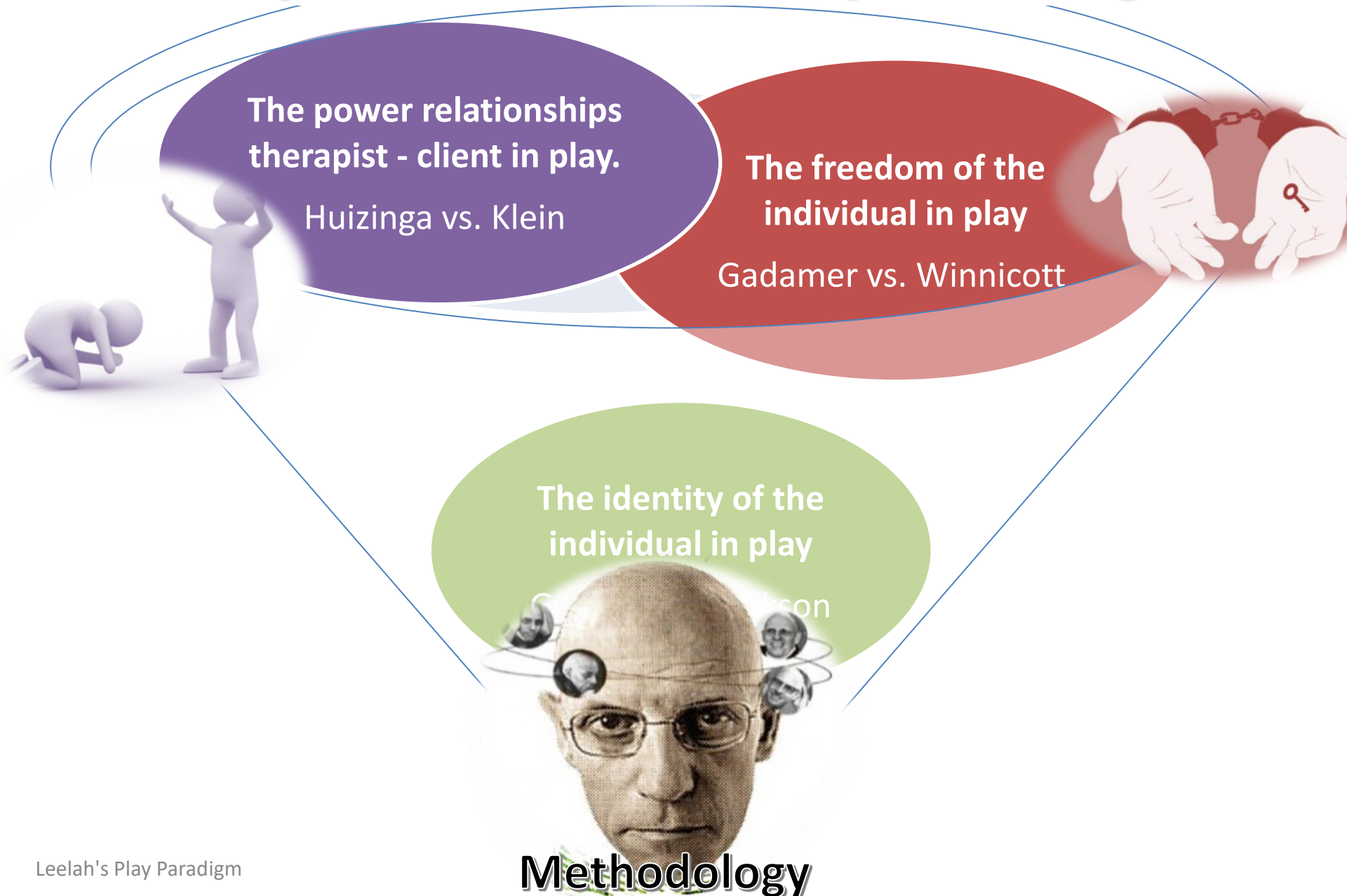
**The freedom of the  
individual in play**

Gadamer vs. Winnicott

**The identity of the  
individual in play**

Winnicott

**Methodology**





1



~~SYMPTOMS~~

Leelah's Play Paradigm



TERMINOLOGY

MIND THE GAP

MIND THE GAP





**MIND THE GAP**





# The problem with

"My belief is that drama therapy can be useful not only to ease distress (Pitruzzella, s. 2016, pp.137).





**Does the therapist  
serve as  
socializing  
agent?**





**SOLUTION**

From - Play as a therapeutic tool

To - Play as a therapeutic concept





# Leelah

Divine play  
Sanskrit: लीला

describing reality & cosmos, as the outcome of creative play by the gods

Leelah - Play for Itself